RNA FOR A BETTER LIFE IN THE HEIGHTS

RIVERVIEW Neighborhood Association

APRIL 1988

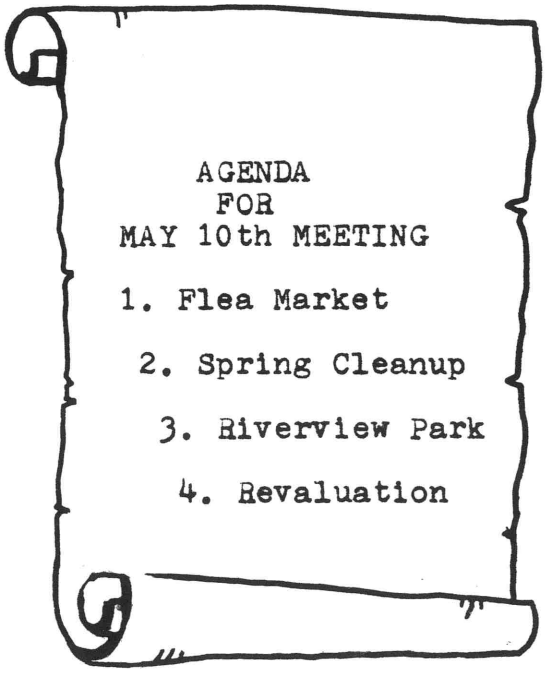
232 Ogden Avenue – Jersey City, N.J. 07307 – (201) 798-0493

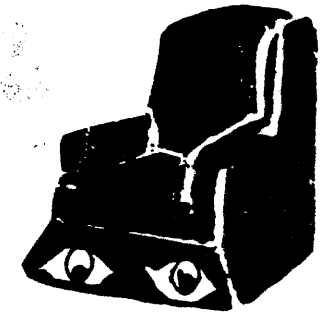
RNA IS NOT AFFILIATED WITH ANY POLITICAL PARTY, ORGANIZATION OR ELECTED OFFICIAL.

MEETING MINUTES

Michael Barnes of the Dept. of Engineering, was greeted by seventy five percent of the RNA membership when he was the guest speaker at the April meeting. Mr. Barnes was at the meeting to present the city's current plan to refurbish Ravine Road. Besides paving the road, the plan calls for sidewalks with high curbs, fencing and sewerage drains. The reconstruction is being delayed while some old drums stored in the area are being checked for contamination. Tex Aldredge is working with the Engineering Dept. on this aspect of the program. (See Ravine Rd. Update.)
Tom Killeen of the Incinerator Authority was the second guest speaker. Tom presented the members with information concerning the recycling program, mandated by state law and slated to begin here in the Heights on April 27th. Along with facts on the high cost of disposing of thousands of tons of the city's garbage, Tom also made the members aware of the possible repercussions of failure to comply with the new law. Besides keeping the cost of disposing of our garbage down, recycling will also reduce the tonnage being deposited at the remaining dump sites in the state of New Jersey.
A surprise guest was Councilman Tom Hart, who addressed a few words to the assembly concerning the groundbreaking for school #28 and the city's budget meeting.
We also heard from David Malms, the young man who is working on earning his eagle scout badge. David is coordinating this year's park clean-up and he also has plans for planting certain areas in the park with flowers.
The revaluation of property was to be the third issue of discussion for the evening, but due to the late hour and the importance of the subject the members voted to discuss the property reval at a special meeting. (The meeting was held on April 26th: see Under the Chair for more information.)
After a brief committee report by Dean Howell and Randy Sanford, the meeting was adjourned and refreshments were served.
RNA signed up nine new members at the close of the meeting.
If you are concerned about any of the subjects that you have just read about, then please join us at the next RNA meeting to be held May 10th, 7:30 PM at the Harborview Health Care Center, second floor solarium.

Secretary
Maria E. Tuzzo





Under the Chair

Following up on the April issue devoted to the Jersey City Revaluation, members of RNA joined together with other people of the community and started The Heights Chapter of the Jersey City Coalition for Fair Taxation. The organizers were Gus Calabrese of Milton Ave., Joe Callandrillo of Hutton St., Tom DeGise of New York Ave., Joan Muller of South St., Tom Murphy of Baldwin Ave., Liz and Richard Von Staden of Webster St., and Dean Howell, Bob Murray, Randy Sanford, Maria Tuzzo and Vito Brunetti of RNA. The first meeting was held on April 26 at P.S. 8. An audience, numbering over 300 people, listened to speeches by the above people and the keynote speaker, Audrey Winkler, chair of the JCCFT. The main theme was that the City should delay the implementation of the new revaluation until all the inequities are corrected - so that everyone will pay their fair share of the tax burden. The group asked for money contributions, volunteers to do research and distribute information and statistics from each of the property owners, including the old and new assessments. A second meeting of the Heights Chapter of JCCFT is planned for May 15th at St. Ann's Church at 3545 Kennedy Blvd. The Coalition has adopted a famous saying by Benjamin Franklin, as its slogan: "..we must, indeed, all hang together, or most assuredly, we shall all hang separately."
Update: On April 28th, the City Council passed by a vote of 5 to 4, a resolution to request formally that Hudson County's assemblymen and senators introduce legislation allowing the Council to postpone the reval for up to two years. This legislation is called a permissive moratorium. Councilman Tom Hart voted for the resolution and George Aviles voted against it.
Stay tuned for future developments and watch the newspapers and cable TV channel 18 for all announcements.

At our April meeting, City Engineer Michael Barnes described in detail the renovation of Ravine Road (or New York Avenue). The work will consist of the repaving of the street, new sidewalks, guardrails and fences. It will cost approximately $300,000. If the bonding comes through, construction should begin this summer and completed by the end of the year. During this discussion, two disturbing issues were raised.
One, there were no plans to correct the water problem at the bottom of Ravine Road by including a drainage system in the renovation. Estimating that it will cost close to 3 million dollars, Barnes stated that he hoped the state would fix the problem.
Two, even more distressing is the presence of a toxic dump site on the eastern shoulder of the road. Drums littering the site are evidence of this problem. Tex Aldredge of the Hazardous Waste Unit, informed the meeting that the site was closed in 1982 and taken over by the state. 8½ million dollars of federal funds were used, between 1982-84, to remove 160 drums filled with toxic material. The site is listed on the Federal DEP Superfund List. (A seperate article about this problem is on page 10)
Tex also stated that an environmental official will be present during all work on the road construction to insure safety and health standards.

In the beginning of April, one of our neighbors, Fred Tegtmeyer started a petition to replace two of the basketball backboards and rims in Riverview Park. The petition reads "We the undersigned being Taxpayers and Voters of Jersey City, are residents of the Fisk Park Area, and we respectfully request that the 10 foot poles and rims in the Basketball Court in Fisk Park be replaced for the use of the area residents and youth."
A little background: in the fall of

1987, after the neighborhood demonstration at City Hall to protest conditions in Riverview Park, Vito Brunetti suggested to Joan Earls of the Division of Leisure Activities that two of the four basketball backboards be removed. It was intended as an experiment to see if this would deter the kids from hanging out in the basketball court after 10 PM playing ball, drinking, making loud noise and generally disturbing the neighbors living around the Park. Obviously, from the number of signatures - 128 - that Fred has collected and presented to the City, there seems to be a desire to replace the two boards.
Two thoughts: 1st, one only hopes that all those who signed the petition are prepared for the probable return of the ballplaying and loud and unlawful activities that will occur after 10 PM.
2nd, it is unfortunate that Fred did not accept an invitation to present the petition at RNA's April meeting for discussion. It is only through communication that we as a neighborhood can work out our differences and improve our community.

Another project was launched last month in Riverview Park. David Melms, a local boy working on his eagle scout project, has picked our Park as his location. He has already painted the pavilion, ridding it of the ugly graffitti. Other plans include a general park cleanup and creation of a flower garden. People interested in helping David should call him at 795-2882. One can only imagine what a great park it would be, if we has a handful of Davids. Thank you David from RNA.

Recently RNA has received several requests from mayoral candidates wishing to speak at our meetings. This idea was discussed at our April meeting and, by consensus, it was decided to wait until next year before RNA starts inviting candidates to our meetings.

April 27th was the first day of the long awaited recycling program in our neighborhood. It was also the first day of the program in Jersey City. Unfortunately, there were a few serious problems, residents noticed on Ogden Avenue:

a) the pickup trucks were late and did not arrive till about 4:30 PM in the day,

b) when they did appear, the workers did not pickup all the recycable items at the curbside, and

c) glass bottles were thrown and broken as they landed in the trucks.

RNA offers this criticism in a positive spirit - hoping that the pickup system will be improved. RNA heartily endorses this important program, but if the citizens are required to follow certain rules and procedures, the workers of the Incinerator Authority must do likewise and set a good example.

TRAFFIC UPDATE

(The following is the Division of Traffic Engineering's reply to a letter RNA sent on September 15, 1987.)

Subject: Traffic signal request at Palisade Avenue and Cuneo Place

Dear RNA:

In reply to your letter requesting that a traffic signal be installed at the intersection of Palisade Ave. and Cuneo Place, please be advised of the following:

A traffic study has been completed by this Division for the aforementioned intersection. However, at this time the traffic data collected does not meet the warrants mandated by the Department of Transportation for the installation of a traffic signal. However, our office will continue to collect and update data for the intersection of Palisade Ave. and Cuneo Place. At such time that the traffic data should meet the necessary requirements for a traffic signal, the pertinent data will be forwarded to the State for their perusal.

In the interim, the Traffic Investigator for this area will insure that the necessary traffic signs and pavement markings are present.

Patricia Blake
Senior Traffic Investigator

CONRAD'S CORNER

Letter sent to Jersey Journal

When French Architect, Le Corbusier first visited New York City in 1935, he said the skyscrapers were much too small and there were too many of them all crowded together like little needles as if the telephone had not been invented and people had to run next door in order to communicate.

His plan, much like Frank Lloyd Wright's Broad Acres for the automobile age, was to spread the population in dense clusters like satelite cities with acres of open space around them.

In order to save as much open space in the cities planners around 1950 zoned areas to limit growth and density. Since that time the Boards of Adjustment of all our cities have been granting variances on the R-2 residential zoning to allow for the construction of condominiums on every last bit of vacant land or the alteration and construction of new buildings in R-2 zoned areas. All of which with the increased use of automobiles and over-development is causing a hopeless gridlock.

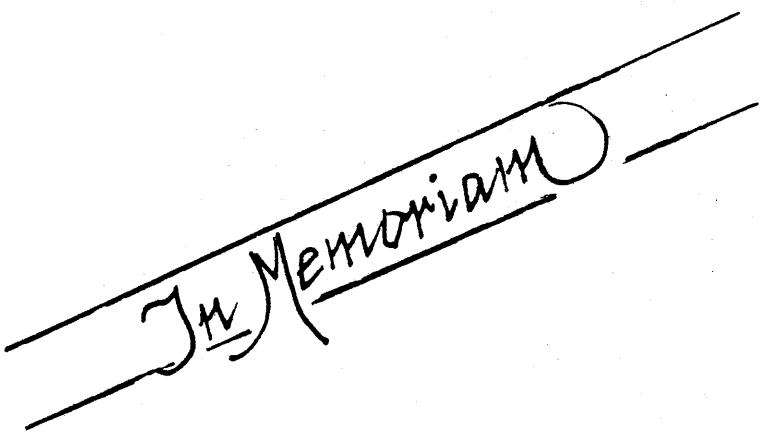
Our modern planners it would seem are afraid of leaving any land go fallow, one has only to look at the devastation taking place on the Monastery grounds to see how their scorched earth policies are destroying the last bit of open space in Union City when the Musto regime failed to apply for the 2.5 million green acres funding to make the Monastery grounds parkland in a county which is fifty percent deficient in parkland.

The new assessments and thirth-five dollar tax rate will eliminate all the affordable housing we had in Jersey City. Lots assessed at five hundred dollars and now twenty thousand will no longer remain vacant. Shouldn't we be rewarded for maintaining them as open space to help improve the quality of life in our city, and what about owners of restored historic houses, will they be able to hold on to them?

With an increase in assessments and taxes, owners of rentable apartments may not be able to compete with affordable housing developers are building with tax abatements. We had affordable housing before we got our new assessments, now as small homeowners having bailed out the city during bad times are we going to get a tax abatement like the out-of-town developers?

Ted Conrad

(Editors Note: Mr Conrad will celebrate his 78th birthday on May 19th)



RNA wishes to express its deepest sympathy to the Jack Rea family on the recent loss of Mrs Rea's mother Mrs. Bessie Tuzzo.

FLEA MARKET

HURRY! HURRY! HURRY! Time is getting closer to our Fourth Annual Flea Market on Saturday, June 11th. If you are an RNA member, the cost for a space or a table will be $7.00. Tables will be for RNA members only due to their limited quantity and will be given on a first come first serve basis.
If you are interested, please fill out the application below, include a check -payable to RNA- and send both to RNA, 232 Ogden Avenue, JC, NJ, 07307. A copy of your application will be sent to you and provide the proof that you are entitled to a table or space.
Bakers, we need your help. Any baked goods that can be sold at the Flea Market to help bolster the RNA Treasury will be greatly appreciated.
Also, RNA will have a table for anyone who wishes to donate usable articles for sale.
The Flea Market is our biggest event and any money raised helps support the Association throughout the entire year.
Contact me at 420-1490 with any questions regarding the event. A convenient time for the drop off or pick-up of donation will be arranged.

Carin Lewis, Chairwoman

SPRING CLEAN-UP

RNA's annual neighborhood cleanup is scheduled for Saturday and Sunday, June 4th and 5th. Three dumpsters will be provided at the following locations:
1) Cuneo Place, between Ogden and Palisade Avenues,
2) Ferry Street, between Ogden and Palisade Avenues,
3) Griffith Street, between Ogden and Palisade Avenues.

The dumpsters and large plastic garbage bags will be provided by the J.C. Incinerator Authority.
It's your opportunity to clean out your basement and attic and get rid of any thing that has been collecting dust in the house.
(Reminder: RNA is having its Flea Market on the following Saturday, June 11th - so if you come across anything that can be sold or donated to RNA, save it for the Flea Market.)
Also part of this weekend is the cleanup of Riverview Park. Please take some time and join RNA in the Park on Saturday morning, June 4th to spruce up our pavilion and clean up the grounds. This year RNA will be getting help from boy scout, David Malms.
Come to our May 10th meeting for more details.

RIVERVIEW NEIGHBORHOOD ASSOCIATION

FOURTH ANNUAL FLEA MARKET

REGISTRATION FORM

Please reserve me a space:

Name: _____

Address: _____

_____

Phone No.: _____

Price: RNA Members - $ 7.00
All Others - $10.00

All money is due no later than June 1, 1988.

By participating as a seller in the RNA Flea Market, I agree not to sell any food items, pornographic or obscene material or drug paraphernalia. If I violate this agreement, I will forfeit my right to participate and leave the flea market.

Signature _____

PARK COMMITTEE UPDATE

The Committee is happy to announce that plans formulated during our bimonthly winter meetings are now becoming realities. Perhaps you've seen our announcement/employment advertisements in local papers. These ads were seeking full-time park attendants. There is also a seperate announcement for our "Summer Performance Series" which is seeking people to perform in them. (Both ads are reprinted below.) The Committee is now in the process of hiring people, establishing specific schedules, and determining immediate and long range maintenance needs in each of the nine selected parks (including our own Riverview Park: see article "Priorities for Riverview Park" on page 7). Soon you'll meet our own Riverview attendant at a special "kick-off" celebration/introduction we're now planing! More later!

Dean Howell

(The following is a report from Councilman Tom Hart concerning a telephone conversation with Paul DePascale, County prosecutor and Acting Jersey City Police Director on April 12, 1988)

Mr. DePascale indicated that he is, in fact, familar with the J.C. Parks Committee, its work, its goals, and its history and meeting schedule. He has been unable to personally attend any meetings because of his double work load. However, in response to my statements and questions, Mr. DePascale made the following remarks: "There shall be a dramatically increased presence of police in the parks." "There shall be a dramatic change in parks security as provided by police." "The thrust of the reorganization (as it relates to the parks issues) is one of high profile and high visibility." And, "The J.C. Police Department transition will go hand in glove with us (the Parks Committee)."

PERFORM IN THE PARK!

NEW PERFORMANCE PROGRAM NEEDS TALENT FOR SERIES

The Jersey City Parks Committee is now looking to hire Jersey City "local talent" to participate in its new "Summer Performance Series" which will consist of live performances throughout the summer, in each of nine neighborhood parks:

Arlington Park — Bayside Park, Columbia Park

Audubon Park — Hamilton Park, Lafayette Park

Leonard Gorden Park — Riverview Park, Van Vorst Park

- **Music: Big Band, jazz, choral, salsa, rock, classical etc.**
- **Dance**
- **Mixed Performance**
- **Provide own sound equipment and/or props**
- **Day — Evening from June thru Sept.**

Send credentials (introduction letter, resume, tapes etc.) to:

Parks Committee
325 Palisade Ave., Room 306
J.C., N.J. 07307

SPRING — SUMMER EMPLOYMENT EARN OVER $4500.00

NEW LEISURE PARKS PROGRAM NEEDS DIRECTORS

The Jersey City Parks Committee and City Division of Leisure Activities is seeking 9 (nine) individuals to work as "PARK ATTENDANTS" in the 9 Neighborhood Parks —

Arlington Park — Bayside Park — Columbia Park
Audubon Park — Hamilton Park — Lafayette Park
Leonard Gordon Park — RiverView Park — Van Vorst Park

DUTIES: To develop a summer program of activities for the neighborhood park by working with the community of each of the parks. To administer the programs, to supervise staff, to oversee the physical condition of the parks, and to interact with the community, local municipal agencies, local police and public safety agencies in providing a safe and satisfying summer.

REQUIREMENTS: Must be available on a full time basis, beginning May 15, 1988 and working through September 1988. Applicants must be able to work with individuals and groups and possess the ability to plan, develop, implement and administer social, cultural, athletic, and artistic programs.

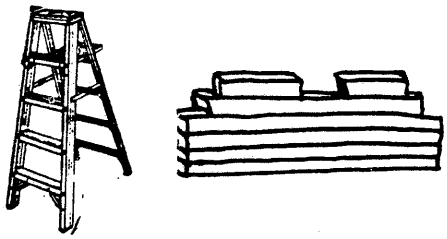
Experience is preferred but not required.

SALARY: $7.00 per hour.

INTERESTED?

Contact Director Joan Earls of Leisure Activities at

547-4582 or **547-457**



Planning and Development

348 Ogden Avenue

The Planning and Development column has reason to sound a little bit like an obituary this month. We are saddened by the loss of one of the finest old buildings in our neighborhood. That magnificent old house north of Riverview Park, at 348 Ogden, has been demolished. The building was known to most of us by its large yellow arched doorway near the sidewalk and was owned for many years by the Ciappa family. Last minute efforts to save the structure were made by Ted Conrad and Councilman Tom Hart, but a valid demolition permit had already been obtained, so nothing could be done.

The present new owners, we presume, saw the land as more valuable without the old house on it. They had previously filed plans to build an apartment building there but were turned down by the Board of Adjustment. At that meeting, our committee spoke out against such a breaking of the R-2 zoning law requirement. Now the owners have filed plans to build two-family houses there. We will keep the R.N.A. informed about this site.

PRIORITIES FOR RIVERVIEW PARK

(established by Friends and Neighbors of Riverview Park: Nov. 23, 1987)

Based on all the information, preferences, biases, facts and dreams that have been collected from friends and neighbors of Riverview Park over the last three years (including the Park Forum of 1985, and the Park meetings this past summer) the Ad Hoc Committee has established the following list of priorities for maintenance and renovation of the Park.

This list will be presented to the appropriate City Department to determine what items can be managed by regular City services, and the remaining items will be submitted/recommended in our request for the $57,000. CDBG fund already allocated for the Park's repairs.

The committee has determined that in the future, the Park should be used for both Active and Passive activities, and that all future installations (repairs, renovations, and new facilities) should follow what we have termed "Traditional" in the use of materials and decorum (ie. brick and concrete instaed of plastic, alumn., etc.; ornamental in form rather than "hard-edge"; congruous in form rather than medule).

Priorities:

1. Replace Pavilion walls with railing
2. Police presence in Gazebo
3. Attractive trash cans throughout the Park
4. Sidewalks/ walkways repaired
5. Retaining wall at cliff repair
6. Landscaping upgraded
7. Ceiling lights installed in pavilion
8. Appropriate lighting throughout Park
9. Public flower garden
10. Appropriate seating in Park
11. Weatherizing benches and other facilities
12. Installation of bulletin board at appropriate site in Park
13. Install sod in place of defunct sprinkler
14. Repair center piece
15. Install more signs (appropriate in message and design).

Reducing Eye Drops Danger

Millions of Americans who use eye drops risk serious side effects, including chest pains, potentially fatal heart disturbances, diarrhea and asthma attacks, researchers warn.

But two simple techniques can dramatically reduce that risk.

"No one ever thinks that putting some medicine in your eye can affect blood pressure or cause serious fluctuations in the heartbeat. But it most certainly can," reports Thom J. Zimmerman, M.D., chairman of ophthalmology at University of Louisville School of Medicine.

When we use eye drops, some of the drug seeps into the tear drainage ducts in the corner of the eyes. It passes down into the back of the nose, and as we breathe in, the air and the drug produce a fine mist, which is absorbed - full strength - into the myriad of blood vessels in the throat.

Drugs taken orally are detoxified by the liver before they go to work, explains Dr. Zimmerman. But those that enter through the eye are undiluted when they flow around the body. It's as if you injected the drug directly into a vein.

But there are two simple ways to cut your risk:

1. Close your eye for three minutes after putting in eye drops.
2. Place your finger in the corner of the eye, next to the nose, and exert gentle pressure for three minutes.

"Either way works," says Dr. Zimmerman. "During the three minutes of each procedure, tears cause any excess of the drug to spill out of the eye so it doesn't pass into the throat. In studies, we were able to reduce the amount of drug getting into the bloodstream by sixty percent. And we found that more drug stays around the eye to do the work it was intended to do."

So serious is the risk among people regularly using eye drops that many ophthalmologists are now printing on their prescriptions the need to close the eye for a few minutes after each application.

Submitted By:
Tom Redmerski

Beignets d'aubergine
(eggplant fritters)

1	Eggplant, about 1 pound corn, peanut or vegetable oil
	Salt to taste, if desired
	Freshly ground peppers to taste
1	Cup finely chopped scallions
1	Tablespoon finely minced garlic
2	Eggs, lightly beaten
1	Cup flour
1/3	Cup milk
1	Tablespoon baking powder
1/4	Cup finely chopped chives

1. Trim off the ends of the eggplant. Peel the eggplant and discard the skin.

2. Cut the eggplant into one-quarter-inch-thick slices. Stack the slices and cut them into one-quarter-inch-wide strips. Cut the strips into one-quarter-inch cubes. There should be about four cups.

3. Heat one-quarter cup oil in a skillet, and add the eggplant, salt and pepper. Cook, shaking the skillet and stirring, until the pieces are tender. Add the scallions and garlic. Cook, shaking the skillet and stirring, about one minute longer. Drain well in a colander. There should be about two cups.

4. Put the eggs in a mixing bowl and add the flour, stirring with a wire whisk. Add the milk, stirring. Stir in the baking powder and chives.

5. Add the eggplant and blend well.

6. Add oil to a skillet, preferably stick-proof, to a depth of about one-quarter inch. When it is hot, drop the batter, about two tablespoons at a time, into the oil. Cook until browned on one side, about one minute. Turn the fritters and cook about one minute on the second side. Drain on absorbent toweling. Continue cooking the fritters until all the batter is used, adding oil to the skillet as necessary. Serve hot.

Yield: about 24 fritters

Submitted By: Marie Tresca

LETTER TO THE EDITOR...

In recent months, Jersey City has gained media attention due to a group who call themselves the Dot Busters. This group has openly expressed their racist behavior to our Indian community, in particular, and to the general public.

Living in the Heights, I think this is an atrocity. Why should people whose purpose is to live and work among us have to tolerate such racist attitudes and hatred? Why should our Indian neighbors have to be concerned with their safety and that of their loved ones just because this group has nothing better to do but spread their ignorance and maliciousness. I, as well as many of my neighbors, are appalled at the opinions expressed by the Dot Busters or any group whose intention it is to interfere with the peaceful integration of the residents of this community.

We should all try to work together and learn to respect the beliefs and customs of other nationalities. Furthermore, we have young people growing up in our midst, and for them to see grown people hating and speaking unjustily of others, is not a positive reinforcement of the way people should behave as decent citizens.

All residents of Jersey City have a right to a tranquil environment in which they can live and work without any fears.

A. Soto

LETTERS TO RNA

Clare Ryan (former resident and Community Awareness Committee member): I am very sorry that I never said a formal good-bye to RNA and to the Community Awareness Comm., but moving was frantic.
I would still like to contribute to the recipe book and I don't want to miss the flea market, so please keep me on the newsletter mailing list.
I plan to join the neighborhood association here because of the great experience with RNA. I'm sure when I think of my three years at 202 Ogden Ave., the people are going to be my best memories of the place.

(Letter to Postmaster 4/13/88)

I am writing this letter to complain about the mail delivery, or better yet the lack of same at my address. I have resided in Jersey City since birth sixty five years ago. I have seen mail rates increase from two cents to the current twenty five cent rate. I have also watched delivery go from two deliveries per day to occasionally once a day. I am usually unflappable, but the situation has gotten consistently worse. When our regular mail person (Ellie) is working we get a reasonable delivery of our mail, but GOD forbid if she becomes ill, takes a regular day off or vacation, we seem to be forgotten. We received our mail today after 5 p.m.

I had on hand over 100 twenty two cents stamps, when the new rate went into effect so I went to my post office (Central Ave.) to purchase a sheet of three cent stamps. After a wait of over a half hour, I finally reached the window where I was informed I had the choice of three sheets of one cent stamps, or a sheet of two's and a sheet of one's. I realize that the rate increase came as a big surprise to the Post Office so I can readily see that you were unprepared for the possible demand for three cent stamps. Therefore, there were none on hand.

I have read recently where there are efforts being made to privitize the delivery of mail. I have hopes that will occur soon. I am completely dissatisfied and irate with the mail service as it presently exists. I hope that some moves will be made soon to facilitate the delivery of mail.

If the mail is delivered with its usual dispatch, I imagine I will receive a response to this by Christmas. I am copying this letter to the New Jersey Senators and Rep. Gurini in the hopes that there may be some congressional action.

George D. Graul

LETTERS CONTINUED ON PAGE 10

Articles for the newsletter can be left at 189 Ogden Ave. Deadline for the June newsletter is May 27th.

RAVINE ROAD CONTROVERSY

(The following is a reply from the Mayor's office to our letter of March 12, 1988, complaining about the conditions of Ravine Road.)

March 29, 1988

Dear Members of RNA:

By the time you have read this, the Jersey City Incinerator Authority will have completed the cleanup of Ravine Road. The Jersey City Police have arrested an out-of-town dumper over the weekend.
As the city attempts to meet the rising costs of dumping at landfills, people are finding it attractive to dump in our of the way parts of the city.
This problem is not unique to Jersey City. Jersey City will not tolerate this kind of situation. We are stepping up our efforts to catch these dumpers.
I urge all members of the RNA to report all suspicious activity on Ravine Road to the Jersey City Police. Together we can keep Ravine Road clean.

Sincerely,
Anthony R. Cucci

UPDATE: Ravine Road Dump Site

Sorry (and angry) to report that nothing significant has happened to improve and/or protect the hazardous dump site on Ravine Road we've been complaining about for so long! In spite of repeated promises to cooperate in this problem (by taking the initiative) city and state officials have yet to act decisively. At our last meeting, Tex Aldredge of the City's Hazardous Materials division promised to at least have warning signs put up - he again promised Anne Hart and me the same thing when we met at the site three days later. As of this writing, still no signs, no commuhication from Tex or the other representatives of the DEP who also met with us on that day.
In the meantime, it's been revealed that this site is on the DEP Super-Fund list (something like 657th in line) and counted among the 20 most hazardous sites along the so-called Gold Coast. The Incinerator Authority is ready to cooperate by removing the 55 gallon drums that are not contaminated, but are being held-up by the DEP decisions (or lack of). The fact that the public and our neighborhood in particular, are not protected by fences and warning signs, I think is close to "criminal neglect"!
What are we to do? I'm ready for another demonstration at City Hall - how about you? Let me know! We'll discuss it at our next meeting.

Dean Howell

LETTERS CONTINUED

Seniors Citizens Watchdog Association:

"This is to advise you that I have written letters to Gov. Tom Kean and Senator Tom Cowan protesting "revaluation"! I have suggested that they wait until the house is sold to revaluate the property. As to senior citizens, wait until they die and the house is sold.
I have also reported that six senior citizens "died of heart attacks" after receiving the reval letter. Others had to go to the doctor for high blood pressure, myself included.
We realize that costs have been raised and some increase in taxes is needed. Why don't they let us pay taxes monthly like rent? It would be less of a strain."
Mrs. Lillian Allan, Pres.

"We protest the revaluation,too. It's not fair, especially to Senior Citizens who lived here all their life. Let them die in their homes, as I wrote Gov. T. Kean.
We are a listening post for the Senior Citizens.
Many seniors are sick from this shock. We will be paying more taxes than the suburbs; not fair. There is plenty of money in Jersey City, N.J.
I am sure something will be done by the State. We just have to have patience.
Seniors are voters and there are many of us in Hudson County."
Irene Del Calle, Vice Pres.

HOLA, GIUSEPPE. WHAT'S NEW?
I HAD AN INTERVIEW FOR MY TAX APPEAL AND NO WONDER MY ASSESSMENT WAS SO HIGH...
BELIEVE IT OR NOT, THEY HAD MY DOG'S HOUSE LISTED AS A GUEST COTTAGE!!

DIETING UNDER STRESS

This diet is designed to help you cope with the stress that builds up during the day.

BREAKFAST

1/2 Grapefruit
1 Slice of whole wheat toast, dry
8 Oz. Skim Milk

LUNCH

4 Oz. Lean Broiled Chicken Breast
1 Cup of steamed spinach
1 Cup of Herb Tea
1 Oreo Cookie

MID- AFTERNOON SNACK

Rest of the Oreos in Package
2 Pints of Rocky Road ice cream
1 Jar of Hot fudge sauce
Nuts, cherries, whipped cream

Dinner

2 Loaves of garlic bread with cheese
Large sausage, mushroom & cheese pizza
4 Cans or 1 large pitcher of soda
3 Milky Way or Snickers candy bars

RULES FOR THIS DIET

1. If You Eat Something And No One Sees You Eat It, It Has No Calories.
2. If You Drink A Diet Soda With A Candy Bar, The Calories In The Candy Bar Are Cancelled Out By The Diet Soda.
3. When You Eat With Someone Else, Calories Don't Count If You Don't Eat More Than They Do.
4. Food Used For Medical Purposes Never Counts, Such As Hot Chocolate, Bran Toast And Sara Lee Cheesecake.
5. If You Fatten Up Everyone Else Around You, Then You Look Thinner.
6. Movie Related Foods Do Not Have Additional Calories Because They Are Part Of The Entire Entertainment Package And Not Part Of One's Personal Fuel, Such As Milk Duds, Buttered Papcorn, Junior Mints And Tootsie Rolls.
7. Cookie Pieces Contain No Calories. The Process Of Breaking Causes Calorie-Leakage.
8. Things Licked Off Of Knives And Spoons Have No Calories If You Are In The Process Of Preparing Something. Examples: Peanut Butter On A Knife Making A Sandwich And Ice Cream On A Spoon Making A Sundae.
9. Foods That Have The Same Color Have The Same Number Of Calories. Exapmles: Spinach And Pistachio Ice Cream; Mushrooms And White Chocolate. Note: Chocolate Is A Universal Color And May Be Substituted For Any Other Food Color.

JERSEY CITY INCINERATOR AUTHORITY

501 Route 440, Jersey City, N.J. 07305

432-4645

TITLE OF PROGRAM	ELIGIBILITY	TEL. NUMBER	ADDRESS	THE PROGRAM OFFERED	CONTACT PERSON
ROLL-OFF CONTAINER SERVICE	TO ALL JERSEY CITY RESIDENTIAL HOMES NOT EXCEEDING 4 DWELLING UNITS, CHARITIES, NON-PROFIT AGENCIES FOR CLEAN-UP ACTIVITIES OR HOME IMPROVEMENTS WHEN PERFORMED *WITHOUT* A CONTRACTOR. UNDER STATE LAW CONTRACTORS MUST REMOVE THEIR OWN DEBRIS.	**432-4645**	J.C. INCINERATOR AUTHORITY 501 ROUTE 440 JERSEY CITY, N.J. 07305	ALL YEAR, THERE IS A WAITING LIST FOR THIS SERVICE OF APPROXIMATELY 10 TO 12 WEEKS. DURING FALL AND WINTER SEASON THE WAIT MAY BE LONGER, PLEASE CALL IN ADVANCE.	TELEPHONE RECEPTIONIST FROM 9 A.M.-3 P.M. MONDAY THROUGH FRIDAY
BULK WASTE REMOVAL (Refrigerators, Stoves, Large Furniture, etc.)	ALL RESIDENTIAL DWELLING UNITS. SERVICES PROVIDED ON REGULAR GARBAGE COLLECTION DAYS (TWICE PER WEEK). MAXIMUM OF FOUR BULKY ITEMS CAN BE PLACED OUT EACH COLLECTION DAY ALONG WITH HOUSEHOLD REFUSE. *NOTE:* IF PLACING OUT REFRIGERATORS, THE DOORS MUST BE REMOVED FOR SAFETY OF CHILDREN.	**435-1345**	HUDSON-JERSEY SANITATION CO., 501 ROUTE 440 JERSEY CITY, N.J. 07305	JANUARY 4 THRU DECEMBER 24. SERVICE NOT PROVIDED DURING CHRISTMAS/NEW YEAR HOLIDAY SEASON DUE TO HEAVY SEASONAL COLLECTIONS. REQUEST MUST BE MADE WITHIN 24 HOURS OF REGULAR GARBAGE COLLECTION. BULK ITEMS WILL NOT BE PICKED UP ON LEGAL HOLIDAYS	TELEPHONE RECEPTIONIST FROM 8 A.M.-4 P.M. MONDAY THROUGH SATURDAY
SELF-DISPOSAL OF BULKY ITEMS & GARBAGE	RESIDENTIAL WASTE MAY BE BROUGHT TO THE JERSEY CITY INCINERATOR AUTHORITY FROM 8 A.M. TO 4 P.M. MONDAY THRU FRIDAY (EXCEPT COMMERICIAL & INDUSTRIAL WASTES NOT ACCEPTED.)	**432-4645**	J.C. INCINERATOR AUTHORITY 501 ROUTE 440 JERSEY CITY, N.J. 07305	ALL YEAR, EXCEPT HOLIDAYS, SATURDAYS & SUNDAYS.	TELEPHONE RECEPTIONIST FROM 8 A.M.-4 P.M. MONDAY THROUGH FRIDAY
SNOW PLOWING AND/OR SALTING OF ICY CONDITIONS	THE JCIA IS THE AGENCY RESPONSIBLE FOR SNOW PLOWING AND SALTING OF ICY CONDITIONS WITHIN JERSEY CITY *EXCEPT* COUNTY AND STATE ROADS.	**432-4645**	J.C. INCINERATOR AUTHORITY 501 ROUTE 440 JERSEY CITY, N.J. 07305	WINTER SEASON	TELEPHONE RECEPTIONIST 24 HOUR SERVICE
VACANT LOT CLEANING	CITY OWNED PROPERTY ONLY!	**432-4645**	J.C. INCINERATOR AUTHORITY 501 ROUTE 440 JERSEY CITY, N.J. 07305	ALL YEAR, EXCEPT INCLEMENT WEATHER.	TELEPHONE RECEPTIONIST FROM 9 A.M.-4 P.M. MONDAY THROUGH FRIDAY
MECHANICAL STREET SWEEPING.	SERVICE PROVIDED AT VARIOUS FREQUENCY AND HOURS. MOST RESIDENTIAL STREETS RECEIVE TWICE PER WEEK SERVICE.	**432-4645**	J.C. INCINERATOR AUTHORITY 501 ROUTE 440 JERSEY CITY, N.J. 07305	SERVICE PROVIDED THROUGHOUT YEAR EXCEPT IN HEAVY RAINS. OR WHILE SNOW IS ON STREETS. PLEASE NOTE WE *DO NOT* ISSUE SUMMONSES.	TELEPHONE RECEPTIONIST FROM 8 A.M.-4 P.M. MONDAY THROUGH FRIDAY
RESIDENTIAL GARBAGE COLLECTION	SERVICE PROVIDED FOR RESIDENTS AND SMALL STORES NOT GENERATING IN EXCESS OF 6 GARBAGE CANS PER COLLECTION. SERVICE IS PROVIDED TWICE PER WEEK AT CURBSIDE.	**435-1345**	HUDSON-JERSEY SANITATION CO. 501 ROUTE 440 JERSEY CITY, N.J. 07305	SERVICES PROVIDED THROUGHOUT YEAR EXCEPT FOR SOME HOLIDAYS WHEN DISPOSAL FACILITIES ARE CLOSED. CHECK NEWSPAPER NOTICES OR TELEPHONE 435-1345 FOR HOLIDAY CLOSINGS.	TELEPHONE CLERK 8 A.M.-4 P.M. MONDAY THROUGH SATURDAY

COMING EVENTS:

-SPRING CLEANUP: SATURDAY/SUNDAY, JUNE 4/5
-RNA FOURTH ANNUAL FLEA MARKET: SATURDAY, JUNE 11

FOR A BETTER LIFE IN THE HEIGHTS

232 Ogden Avenue - Jersey City, N.J. 07307

RNA

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RIVERVIEW Neighborhood Association

FOR A BETTER LIFE IN THE HEIGHTS

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Chairman

Bob Lewis
Vice-Chairman

Maria Tuzzo
Secretary

Bob Murray
Treasurer

Jack Rea
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Historical Advisor

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Ernest Quintero